

**FACTSHEET:
Jamk University of Applied Sciences**

Basic Information

Full name of the institution	Jamk University of Applied Sciences
Institution's website	https://www.jamk.fi/en/jamk/international-jamk
Country and City	Finland - Jyväskylä (Jyvaeskylae)
ERASMUS code	SF JYVASKY11

Academic Calendar

Link to academic calendar	Here under "Academic Calendar": https://www.jamk.fi/en/for-students/exchange-and-double-degree-student/how-to-apply-for-exchange-at-jamk
Nomination deadline Fall	ápr..30
Nomination deadline Spring	okt..15

Contacts & Useful Information

Contact for Erasmus+ incoming students	incoming@jamk.fi
Courses offered for exchange students	Business and Economics, Tourism and Catering
Course catalogue	Here under "Studies for exchange students": https://www.jamk.fi/en/for-students/exchange-and-double-degree-student/how-to-apply-for-exchange-at-jamk
Website for incoming Erasmus+ students	Here under "Studies for exchange students": https://www.jamk.fi/en/for-students/exchange-and-double-degree-student/how-to-apply-for-exchange-at-jamk
Insurance	Jamk insurance does not cover exchange students. Helpful information can be found here under "Insurance coverage": https://www.jamk.fi/en/for-students/exchange-and-double-degree-student/important-practicalities .
Housing	https://www.koas.fi/en/ex/

Monthly expenses

Average monthly living costs for students are estimated to be between 750 and 1200 euros, depending on the student's individual needs and habits.

Example of costs:

- Housing: (student accommodation) 270-500 euros/month
- Food: Lunch approx.